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Who You Are

Dear Readers,

In the book *"Building the Bridge As You Walk On It"* (R.

Quinn, 2004, Jossey-Bass), the author talks about the importance of who you are. The essence of his position is that the forward steps we take have less to do with what we do and more to do with who we are. Who we are is the starting place. It is the ground on which we stand. It is that which propels us forward. It is the first step we take out onto that bridge which we are beginning to build.



We spend much time thinking about what we do. Consider a bit of time thinking about who you are. We make "to do" lists. What if we made "to be" lists?

Blessings,
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